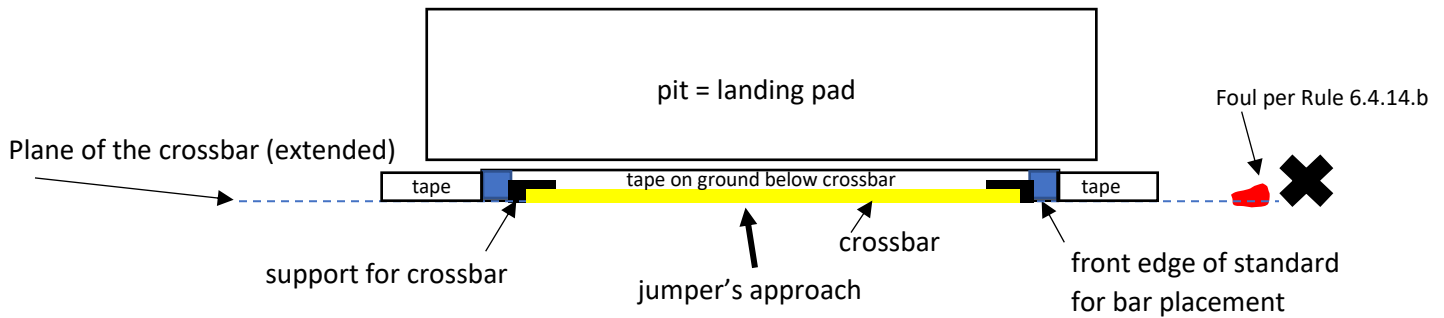


HIGH JUMP

NNTOA v.9Nov2020

Safety is the primary concern. Supervise warmups. Control the run-up area. Ensure adequate takeoff and landing areas.



Calibrating and replacing the crossbar. Determine which way the bar sags. Twist the end pieces so the sag is down and the bar lays flat. Mark the right front side. Tape end pieces if necessary so they don't move. The bar shall be placed on the standards the same way each time (i.e., the sag is down) with a 1-centimeter gap between the standard and the bar ends.

Calibrating the standards. Position the standards so the bar is about 4 centimeters in front of the pad, and the ends of the bar are 1 centimeter from the standards. Once placed, the standards may not be moved. Use tape or tacks to indicate the initial location of the standards.

Rule 6.4.11 After the competition has started, **the bar shall not be lowered**, except in a jump off for first place (see below).

Rule 6.4.12 An accurate measurement of the height of the crossbar shall be taken before each record attempt. **Mark the crossbar and base of the standards to ensure consistent placement of the crossbar.** Any displaced crossbar should be placed on the standards in exactly the same position as before displacement.

Rule 6.4.13 Measurements shall be recorded to the nearest lesser $\frac{1}{4}$ inch or centimeter. Measurements shall be made with non-stretchable tap such as fiberglass, nylon, steel or certified scientific measurement device (laser). **Measurement** of the official height shall be from a point on the same level as the takeoff to the **lowest point on the upper side of the crossbar**. Use tape or a tack to mark the aim point on the ground.

The games committee specifies marking material and the number and location of individual check marks (Rule 6.4.7). Starting heights and progressions (normally 2 inches or 5 centimeters) are established by meet management or the games committee (Rule 6.4.9). An athlete who has won the competition may choose his/her successive heights (Rule 6.4.9).

Rule 6.2.20 Elimination: A competitor is eliminated once he/she has had **three consecutive unsuccessful attempts** regardless of height or heights at which the attempts were made.

Rule 6.4.14 It is a foul if the competitor:

- Displaces the crossbar in an attempt to clear it (whether the athlete is in or out of the pit when the bar falls).
- Touches the ground or landing area beyond the plane of the crossbar, or the crossbar extended, without clearing the bar.
- After clearing the bar, contacts the upright and displaces the crossbar or steadies the bar.
- Fails to initiate the action within time – see **Rule 6.2.2** A competitor shall be charged with a foul if he/she does not initiate the purposeful action of completing the requirements of the jump within the prescribed time limit after the competitor's name has been called for the trial: **one minute** if more than 3 athletes are competing at the start of the round; **three minutes** if 2 or 3 athletes; **five minutes** for the first jump if only 1 athlete at the start of the round, unless only one competitor is jumping and is taking consecutive trials (**two minutes for consecutive trials**).
- Fails (total body) to go over the bar.
- Takes off from two feet; or uses weights or artificial aids.

Rule 6.2.24 It is not a foul if the official deems an outside force, such as the wind, displaces the bar.

It is not a foul if the athlete accidentally dislodges the bar while exiting the landing pit.

Rule 6.3.3 Breaking ties (when two or more competitors finish with the same best height)

- The competitor with the **fewest number of trials for the height at which the tie occurs**, i.e., the last height successfully cleared, shall be awarded the higher place.
- If the tie still remains, the competitor with the **fewest total number of unsuccessful trials** throughout the competition, up to and including the height last cleared, shall be awarded the higher place.
- Passed trials shall not count as misses.
- If the tie remains after applying (1) and (2) and
 - It concerns first place (jump off), the competitors tying shall make one more attempt at the height at which they failed. If no decision is reached, the bar shall be lowered in increments of 1 inch (2 cm), then raised or lowered by this increment until the tie is broken.
 - The tie concerns any place other than first, the competitors shall be awarded the same place.

Rule 6.4.8 A competitor who has passed three consecutive heights, and has not attempted a jump, should be permitted one warmup jump without the crossbar or bungee in place but shall attempt a jump at that height. Such a warmup must be taken at a height change.

Call athletes **UP – ON DECK – ON HOLD** Record **X = Foul (RED FLAG)**. - = Pass **O = successful clearance (WHITE FLAG)**